



# SUMMER PLANNING

## GUIDE

MAKE YOUR FAMILY SUMMER  
SENSATIONAL

[growinghealthykids.co.uk](http://growinghealthykids.co.uk)

# SUMMER SCHEDULE

MAKE MY BED

BRUSH MY HAIR AND TEETH

GET DRESSED

HAVE BREAKFAST



READ FOR 30 MINS

PLAY OUTSIDE 30 MINS

CRAFT OR MAKE 30 MINS

TIDY AND CLEAN YOUR

ROOM 20 MINS

DRAW OR COLOUR 20 MINS

DO SOMETHING KIND FOR

SOMEONE ELSE

# SUMMER READING BINGO!

VISIT A  
LIBRARY TO READ A  
NEW BOOK

READ AN OLD  
FAVOURITE WITH  
SOMEONE SPECIAL

READ A CHAPTER  
BACKWARDS  
THEN FORWARDS

READ TO  
SOMEONE OVER  
THE PHONE

READ A STORY  
WEARING A  
FUNNY OUTFIT

READ TO  
SOMEONE SMALLER  
THAN YOU

READ A FACT  
BOOK OR A TRUE  
STORY

READ TO A  
GROWN UP

READ WEARING  
SOMETHING RED

READ A RECIPE  
WHILE YOU BAKE

READ SOMETHING  
ABOUT ANIMALS

READ ON THE  
BEACH

READ OUT  
LOUD ON  
YOUR OWN

READ A STORY  
TO YOUR TEDDY

READ  
SOMETHING IN  
YOUR PAJAMAS

READ  
WEARING 1  
SHOE

READ A BOOK OF  
POEMS

WRITE DOWN  
WORDS THAT  
START WITH C

READ AT THE  
PARK

READ A BOOK  
ABOUT DRAGONS  
OR FAIRIES

READ IN  
THE BATH

READ SOME  
THING YOU  
HAVE WRITTEN

READ A MAGAZINE  
FROM COVER TO  
COVER

READ FROM A  
COMPUTER SCREEN

READ THE  
WORDS TO YOUR  
FAVOURITE SONG



